



Sweden Masters Team International Camp 2025

Taekwondo | Sweden | Höllviken | September 4–6

Welcome, Bienvenue, Välkommen – Masters from around the world!

It's finally time for the highlight of the year for Taekwondo practitioners aged 30 and above! Sweden Masters Team, together with Höllviken Taekwondo Club, invites you to an international training camp in beautiful Höllviken, right by the sea – with a focus on training, community, and joy!

Schedule & Location

Ljungenskolan, Störvägen 2, 236 42 Höllviken

📍 20 minutes from Hyllie, Malmö – 800 m² training area!

Google Maps: <https://maps.app.goo.gl/sSRWY2sLZnKQGRM79>

Thursday, September 4:

10:00–12:00 – Outdoor training

17:00–20:00 – Ljungenskolan

Friday, September 5:

10:00–12:00 – Outdoor training

17:00–20:00 – Ljungenskolan

Saturday, September 6:

10:00–12:00 – Ljungenskolan

14:00–16:00 – Ljungenskolan

In addition to the training sessions at Ljungenskolan, we will offer light morning sessions – such as fitness training, jogging, and stretching – for those who wish, either on the beach or in the park on September 4 and 5. A perfect opportunity to socialize, feel good, and challenge yourself in a great way. More information coming soon.





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Accommodation in Malmö or Höllviken – our tips:

We recommend staying in Höllviken or Malmö to make the most of the camp!



Malmö Arena Hotel

<https://www.bestwestern.se/hotell/best-western-malmo-arena-hotel-88211>

Use this link to book a room and receive a 20% discount:

https://www.bestwestern.com/en_US/book/hotel-rooms.88211.html?promoCode=MAHEP20



Only about 15 minutes by train from Copenhagen Airport



Around 20 minutes by car to the training hall



Only 10 minutes by metro to central Malmö



Emporia shopping center is just around the corner – one of the largest malls in the Nordics with around 180 stores and restaurants.



Airbnb – Cozy Accommodation Options

Höllviken offers many charming Airbnb options – perfect for those who want to stay close to both the sea and the training hall. Choose from beachside cottages to modern, high-standard apartments.

https://www.airbnb.se/rooms/912673961183791913?check_in=2025-06-01&check_out=2025-06-06&guests=1&adults=1&s=67&unique_share_id=3cf80d62-2586-4d57-81c1-3fc3fa89093e

For Our International Guests



Fly to: Copenhagen Airport (CPH)



Train: Öresundståg to Hyllie Station, Malmö



From Hyllie to Höllviken: approx. 20 min (Uber, taxi, or bus)

We're happy to assist with logistics and accommodation tips!

Good to Know



Swedish tap water is of very high quality – no need for bottled water!



Currency: SEK



All participants must bring their own gear and preferably kicking pads if possible.



Each participant is responsible for their own insurance. Participation is at your own risk.





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Dinner & Party

Saturday, September 6 at 20:00

Location: TBD

Price: TBD

Enjoy great food, music, and views in a fantastic setting!

Cost

Training Camp: 600 SEK / 60 US Dollars / 60 Euros

Payment upon registration to Höllviken Taekwondo's SWISH: 1231001999

International participants pay via bank transfer:

IBAN: SE55 6000 0000 0005 2011 9371

SWIFT: HANDSESS

BANK ADDRESS:

Handelsbanken

Falsterbovägen 40

236 21 Höllviken

In both cases, mark the payment with the participant's name and club.

Dinner & Party: TBD

Registration via this link:

<https://reg.swedenmasters.com>

Event page: <https://camp.swedenmasters.com>

Organizers:

Sweden Masters Team in collaboration with Höllviken Taekwondo Club

Contact:

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Följ oss på Sociala medier:

FB: <https://www.facebook.com/share/12LVnV9noqE/>

Instagram: <https://www.instagram.com/swedenmasters>

More Info – Discover Höllviken!

Want to combine training with sightseeing and enjoy white sandy beaches?



BEACHES & NATURE

- Skanör Beach – Powder white sand, shallow waters, idyllic
- Falsterbo Beach – Popular beach with stunning views
- Ljungen Beach, Höllviken – Close to the training venue, perfect for an evening swim
- Falsterbo Bird Station – Famous birdwatching spot
- Kämpinge Beach – A smaller, peaceful beach gem



SHOPS & GROCERIES

- ICA Supermarket Ljunghusen – Right across from the training hall
- ICA Toppen in Höllviken – Budget-friendly with lots of fresh produce
- Systembolaget Höllviken – For drinks 🍷🍺 (Note: Closed on Sundays!)



RESTAURANTS & CAFÉS

- Badhytten, Skanör – Trendy with sea views, sunsets, and DJs
- Millenium, Höllviken – Popular grill spot with great variety
- Strandtugg, Höllviken – Lovely restaurant with amazing views
- Martas Café, Höllviken – Classic pastries and real coffee
- Annas Bageri – Bakery and breakfast spot

